



Heather Snow

Travel Planner

Cell: 281-704-4873

Email: heathers@goldgellgetaways.com

www.heathersnowtravel.com

CRUISE PACKING LIST

If you are traveling abroad, keep in mind that you want to blend in. Choose clothing that is neutral and doesn't have graphics (college logo t-shirt, US sports team logo wear, etc.). Keep your jewelry understated. Look at current styles in the locations you are traveling to, and match what they are wearing.

Cruise ship luggage tags- you need 1 for every suitcase you are taking on the ship. I like these on Amazon <https://amzn.to/4lYtaX1>

RFID blocking credit card sleeves to protect your credit/bank cards. Make sure all your cards are in an RFID blocking sleeve or wallet. I like these on Amazon <https://amzn.to/4gIhZ9o>

Fanny pack or small wallet you can keep in front of your body or under your shirt for safe keeping.

MOTION SICKNESS

I have links on Amazon below, but you can also get most of these at your local drug store. If you are taking a anti-nausea medication, you want to start that 2 days before sailing to get into your system. Otherwise, it may not work for you. *I have used Meclizine in the past, but it makes me very drowsy. I am going to try out the wrist bands and see how those do for me on my next cruise. I will post an updated report.*

Peppermint Essential Oil roll on can help ease your symptoms Amazon <https://amzn.to/4gRuQ9m>

Patches to wear behind your ear that are non-drowsy and highly rated on Amazon <https://amzn.to/4gPYdZK>

Sea-Band Acupressure wrist bands – I had a passenger in her 80s tell me she has used them for 30+ years and are highly rated on Amazon <https://amzn.to/4afbMiS> .

Motion Sickness Glasses – my daughter who gets car sick has these and swears by them!

<https://amzn.to/3PwwPUz>

MISC ITEMS

Backpack or tote bag for 1st day on the ship

Medicine including prescriptions

Jewelry

Glasses and Sunglasses

Sunscreen

Hat(s)

Phone cables and portable chargers

Laptops, Kindle, iPads, etc

Camera

Reading materials

Magnets or hooks to hang up items on the walls. I like these on Amazon <https://amzn.to/4224Inu>

Door decoration magnets- you don't have to do this, but it is fun and helps you find your room

CLOTHING

I love these compression packing cubes on Amazon <https://amzn.to/3PqDUWM>

Swimsuits & cover ups

Formal Dinner night attire

Dinner attire- the ship will put out the dress code for each night's dinner usually a month prior to sailing.

Shorts/pants depending on the forecasted weather

Shirts

Undergarments

Socks/pantyhose/tights

SHOES

1 pair comfortable walking shoes

1 or 2 pairs to match your evening attire

1 pair for the pool or beach

TOILETRIES

I love these Leak Locks covers to prevent spilling on Amazon <https://amzn.to/4j7tfO0>

Feminine products

Shampoo & Conditioner

Lotions

Deodorant

Razor

Shaving cream

Hairspray

Hair Products

Makeup