

RIVER CRUISE

What to Pack

*ALWAYS check the weather before you pack and make sure you take appropriate clothing for the climate.

CLOTHING

- Shorts/pants depending on the forecasted weather
- Shirts/sweaters/sweatshirts
- Undergarments
- Socks
- Hat(s)/gloves/scarves: depending on the weather you may need these if it's spring or fall as the humidity can make it feel colder. I don't recommend baseball caps that have school affiliations as they mark you as a tourist from the US. Name brands like Nike are ok.
- Winter jackets: depending on the weather you may need these if it's spring or fall as the humidity can make it feel colder.

SHOES

- 2 pairs comfortable walking shoes so you can trade off each day to prevent blisters
- 1 pair slides or slip on for the ship/dinner

TOILETRIES

- Feminine products
- Shampoo & Conditioner
- Lotions
- Deodorant
- Razor
- Shaving cream
- Hairspray
- Hair Products
- Makeup
- Curling irons & flat irons: a dual-voltage curling iron (**labeled 110–240V**) will work safely in Europe with just a plug adapter (listed at the top). A single-voltage iron will NOT work without a heavy converter and may overheat or burn out.

GADGETS & BAGS

- Travel Plug Adapters: Europe is different from the UK and Australia
- RFID blocking credit card sleeves to protect your credit/bank cards. Make sure all your cards are in

an RFID blocking sleeve or wallet.

- Fanny pack or cross body you can keep in front of your body for your wallet.

- Medium to small backpack for excursions: one with an inside zipper pocket or a zipper pocket that's against your back to keep your wallet in.

- Prescription medications: you need to have your medications in their original prescription bottle. If you get a 90-day supply, ask your pharmacy to give you labeled bottles for travel and only take what you need.

- Over the counter medications: these need to be in original packaging

- Hand sanitizer

- Jewelry: I highly recommend packing this in your locking carry-on suitcase

- Glasses and Sunglasses

- Sunscreen

- Phone cables and portable chargers

- Laptops, Kindle, iPads: carry in your backpack or locked carry-on suitcase

- Camera

- Reusable water bottle – great to fill up on the ship before going out on an excursion

My essentials for travel: view on my Amazon list here– [Heather's Travel Essentials](#)

